

Stages

Gepubliceerd: vrijdag 10 mei 2019 12:13
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South Africa

The stages mentioned here are approximate. The list is an estimation based on the 2004 and 2005 tour. Therefore, the actual route might very well differ. Furthermore, though the organisation takes great care in its planning, route changes may occur at the last minute due to accessibility, weather, road conditions and politics.

Day	Date		Stage	Description	Km
116	Monday	8 May	94	Noordoewer > Springbok	115
117	Tuesday	9 May	95	Springbok > Garies	116
118	Wednesday	10 May	96	Garies > Vanrhijnsdorp	147
119	Thursday	11 May	97	Vanrhijnsdorp > Elandsbaai	110
120	Friday	12 May	98	Elandsbaai > IJzerfontein	135
121	Saturday	13 May	99	IJzerfontein > Capetown	57
Total distance					680