

## La Grande Boucle des Pyrénées



In a nutshell

Start : Nice, France  
Finish : Barcelona, Spain

Countries : France, Spain

Stages : 17

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Rest days	:	3 days : Malaucène, Carcassonne and Luz St. Sauveur
Total distance	:	1.890 km 1.175 miles
Average distance	:	111 km 69 miles
Total climbing	:	31.800 meters 104.000 feet
Average climbing	:	1.870 meters 6.100 feet
Road condition	:	100% paved
Period	:	Thursday May 10th, 2018 Tuesday May 29th, 2018
Accommodation	:	Campings plus hotel nights in Nice and Barcelona
Price	:	€ 2.695,-
Discount	:	€ 200,- for early registration

### **Description**

What do you do when you arrive in Nice after a great bike ride through the Alpes Maritimes? You take a rest, relax on a terrace and watch the waves of the Mediterranean. You are satisfied, but you want more! More mountains, more amazing scenery and more challenge.

You take a map of France and start dreaming about the moon landscape of the Massif Central. You look further on the map and see the classic climbs of the Pyrenees. Your finger directs your eyes to the Pyrenees. Your eyes discover wonderful gorges which connect the Mont Ventoux with the Pyrenees. But... where to finish? At the Atlantic Ocean? The Mediterranean? Yes, let's finish in Barcelona after a great loop through the French and Spanish Pyrenees. The "Boucle des Pyrénées" is born.

Out of Nice you turn directly inland to the quiet mountains of the Haute Provence. You cycle through one of Europe's most scenic canyons. The Gorges de l'Ardeche. The Mont Ventoux looms soon above the landscape further in Western direction.

A rest day is planned at the foot of the Giant of the Provence to get the opportunity to look at the legendary mountain from all sides. The Gorges de l'Ardeche, the Cévennes National Park and the Tarn bring you to the medieval town of Carcassonne. In one word : "gorgeous". The Pyrenees are waiting. Illustrious names like the Col de Portet d'Aspet, Col d'Aspin, Col de Portalet, Puerto de Catefablo, Port de la Bonaigua and Port de Cantó are some of the cols you drop down to the Mediterranean.

The 4th edition of "La Grande Boucle des Pyrénées" starts Thursday May 10th, d'Azur. The finish lies after 20 days, 1.890 kilometres and a lot of climbs : Barcelona.

The whole route follows paved, relatively quiet and scenic mountain roads. There are serious hills to long, steep climbs as the Mont Ventoux and the Col du Tourmalet, a single flat stage.

The tour is planned at the start of the summer which guarantees some warm, even hot days. In the middle of the Provence. If you come closer to the Pyrenees, the weather can be very unsettled. The circumstances can become heroic if you reach altitudes around 2.500 meters.

"La Grande Boucle des Pyrénées" is a physical challenge in an alluring and promising landscape. If you are a fan of cycling, you can get more. Ride the climbs you always wanted to do, and enjoy the beauty of Southern France and Northern Spain has to offer. Relax again on a terrace and watch the sunset over the Mediterranean. This time in Barcelona.

The credo of Bike Dreams is : *"Life is not the dreams you have, but the dreams you live."*

[Request the Brochure of "La Grande Boucle des Pyrénées"](#)

What do you do when you arrive in Nice after a great bike ride through the Alps?

You take a rest, relax on a terrace and watch the waves of the Mediterranean. Soon you realize... you want more! More mountains, more amazing scenery and more challenge.

You take a map of France and start dreaming about the moon landscape of the Mont Ventoux. You look further on the map and see the classic climbs of the Pyrenees. Your finger drifts over the map and your eyes discover wonderful gorges which connect the Mont Ventoux with the Pyrenees.

But... where to finish? At the Atlantic Ocean? The Mediterranean? Yes, let's finish in Barcelona after a great loop through the French and Spanish Pyrenees. "La Grande Boucle des Pyrénées" is born.

Out of Nice you turn directly inland to the quiet mountains of the Haute Provence. Magnificent scenery. You get excellent views if you cycle along the northern rim of the Grand Canyon du Verdon; one of Europe's most scenic canyons. The Mont Ventoux looms soon above the lavender fields if you head further in Western direction.

A rest day is planned at the foot of the Giant of the Provence to get the opportunity to climb the legendary mountain from all sides. The Gorges de l'Ardeche, the Cévennes National Park and Gorges du Tarn

bring you to the medieval town of Carcassonne. In one word : "gorgeous".

The Pyrenees are waiting. Illustrious names like the Col de Portet d'Aspet, Col d'Aubisque, Col du Tourmalet, Col d'Aspin, Col de Peyresourde and Col du Portillon on the French side. The Puerto del Portalet, Puerto de Catefablo, Port de la Bonaigua and Port de Cantó are some of the climbs on the Spanish side. You cycle over high cols, through deep canyons and beautiful national parks before you drop down to the Mediterranean.

The 4th edition of "La Grande Boucle des Pyrénées" starts Thursday May 10th, 2018 in Nice at the Côte d'Azur. The finish lies after 20 days, 1.890 kilometres and a lot of climbs in metropolis of Barcelona.

The whole route follows paved, relatively quiet and scenic mountain roads. The course varies from serious hills to long, steep climbs as the Mont Ventoux and the Col du Tourmalet. Don't expect one single flat stage.

The tour is planned at the start of the summer which guarantees some warm, even hot, cycling days in the middle of the Provence. If you come closer to the Pyrenees, the weather conditions can always be unsettled. The circumstances can become heroic if you reach altitudes around or above 2.000 metres.

"La Grande Boucle des Pyrénées" is a physical challenge in an alluring and picturesque area. You want more, you can get more. Ride the climbs you always wanted to do, and enjoy the best of what Southern France and Northern Spain has to offer. Relax again on a terrace and watch the waves of the Mediterranean. This time in Barcelona.

The credo of Bike Dreams is : "Life is not the dreams you have, but the dreams you realize".

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